

## STATE OF MIND SPORT IS PROUD TO BE THE OFFICIAL CHARITY PARTNER OF THE NORTH WEST COUNTIES FOOTBALL LEAGUE.

STATE OF MIND SPORT IS A CHARITY THAT HARNESSES THE POWER OF SPORT TO PROMOTE POSITIVE MENTAL FITNESS, TO IMPROVE PERFORMANCE AMONG OUR SPORTSMEN AND WOMEN, FANS AND WIDER COMMUNITIES, AND TO ULTIMATELY PREVENT SUICIDE.

STATE OF MIND SPORT RAISE AWARENESS OF THE ISSUES SURROUNDING MENTAL FITNESS AND DELIVER EDUCATION ON THE SUBJECT TO ALL LEVELS OF SPORT, BUSINESS, EDUCATION AND COMMUNITY GROUPS.



TO BOOK AN AWARD WINNING MENTAL FITNESS SESSION AT YOUR CLUB, EMAIL ELAINE.PRENDERGAST@STATEOFMINDSPORT.ORG WWW.STATEOFMINDSPORT.ORG